

Advanced Flexible Endoscopic Surgery Hands-on Course – Day 1 Schedule

 Date: December 5, 2025 (Friday)

 Venue: Showa Medical University Koto Toyosu Hospital, 9F

 Time: 9:00 AM – 5:00 PM

9:00 – 9:10 | Opening Session

What is Advanced FES?

- Speaker: *Haruhiro Inoue* (10 min)
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9:10 – 10:10 | I. POEM (60 min)

Moderators: Haruhiro Inoue, Mayo Tanabe

- Key Points of POEM Procedure – *Ippei Tanaka* (10 min)
 - Technical Details of POEM – *Masachika Saino* (10 min)
 - Complications in POEM – *Miyuki Iwasaki* (10 min)
 - What is “Pseudo-dilation” in POEM– *Kei Ushikubo* (10min)
 - Double scope methods can avoid BOM (blown-out myotomy) – *Hironari Shiwaku* (10 min)
 - Performing POEM Using a Single Endoscopy Tower, Alternative way! – *Hitomi Minami* (10 min)
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10:10 – 10:20 | Break (10 min)

10:20 – 11:10 | II. Advances in Submucosal Endoscopy (50 min)

Moderators: Hironari Shiwaku, Kazuki Yamamoto

- POET / STER – *Manabu Onimaru* (10 min)

- Z-POEM (POES) – *Ippei Tanaka* (10 min)
 - D-POEM – *Yohei Nishikawa* (10 min)
 - G-POEM – *Nikko Raymundo* (10 min)
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11:10 – 11:20 | Break (10 min)

11:20 – 12:10 | III. Deeper Layer Dissection, Closure Techniques & Devices (50 min)

Moderators: Haruhiro Inoue, Hitomi Minami

- EMD, ESSD, EFTR Techniques – *Yuta Tamaru* (10 min)
 - Defect Closure: General Approach – *Satoshi Abiko* (10 min)
 - Defect Closure: Loop 9, Loop 11 – *Hidenori Tanaka* (10 min)
 - Counter Mucosal Incision – *Mayo Tanabe* (10 min)
 - Hemostatic Knife & Space adjuster – *Kohei Shigeta* (10min)
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12:10 – 12:30 | Hands-on: How to make Hemostatic knife & Angle booster II (20 min)

- Instructors: All Faculties
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12:30 – 13:00 | Lunch Break

13:00 – 14:00 | Live Demonstration I (POEM)

Moderators: Hironari Shiwaku, Hitomi Minami

Operator: *Haruhiro Inoue*

14:10 – 15:00 | IV. GERD & Anti-Reflux Endoscopic Procedures (50min)

Moderators: Hironari Shiwaku, Ippei Tanaka

- **ARMS / ARMA** – *Kazuya Sumi* (10 min)
 - **ARMP** – *Kazuki Yamamoto* (10 min)
 - **Angle Booster 2: New Innovations in Endoscopic Angle Mobility** – *Nikko Raymundo* (10 min)
 - **How to use SuturoART** – *Akiko Toshimori* (10 min)
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15:00 – 15:10 | Break (10 min)


15:10 – 16:30 | Live Demonstration II (Anti-reflux mucosal intervention)


Moderators: Hitomi Minami, Mayo Tanabe

Operator: *Haruhiro Inoue*

16:40 – 16:45 | Closing Remarks

16:45 – 17:00 | Certificate Distribution & Group Photo

 **Certificate presentation for 1-day participants**

 **Group photo session**
